Salsa Sloppy Joes

Ingredients:

1 pound lean ground beef or turkey

1 1/3 cups salsa

1 10 3/4-ounce can reduced sodium condensed tomato soup, undiluted

1 tablespoon brown sugar

8 whole wheat hamburger buns, split and toasted

Directions:

1. In a large skillet, cook ground meat over medium heat until no longer pink. Drain.

2. Stir in salsa, soup, and brown sugar.

3. Cover and simmer 10 minutes or until heated through.

4. Serve on buns.