Dinner Tonight!

Loaded Vegetable Pasta

2 cups reduced-fat shredded mozzarella cheese  
3 cups ziti pasta, cooked and drained  
2 red peppers, washed and sliced  
2 zucchini, halved, and sliced  
1 cup fresh mushrooms, sliced  
1 – 24 ounce jar spaghetti sauce  
1 teaspoon dried oregano

Wash your hands and clean your cooking area. Preheat oven to 375°F. Combine 1 cup cheese (reserve the remaining 1 cup for later use), ziti, peppers, zucchini, mushrooms, spaghetti sauce, and oregano in a large bowl. Pour mixture into a 9x13 inch baking dish and sprinkle the remaining cheese evenly over the top. Bake for 20-25 minutes.

Preparation Time: 10 minutes  
Cook Time: 25 minutes  
Serves: 6 (1⅓ cup each)  
Cost Per Serving: $1.35

Nutrition facts per serving  
Calories: 380  
Total Fat: 9 g  
Saturated Fat: 3.5 g  
Trans Fat: 0 g  
Cholesterol: 15 mg  
Sodium: 740 mg  
Total Carbohydrate: 56 g  
Fiber: 6 g  
Protein: 20 g

Serve with: seasonal fresh fruit