One Pan Tacos

Ingredients:
- 1 lb. extra lean ground beef
- 1 can condensed tomato soup
- 1 packet low sodium taco seasoning
- 1 ½ cups low fat sour cream
- 1 cup cheddar cheese, shredded
- 1 cup green onions, chopped
- 1 tsp. chili powder
- 12 taco shells

Directions:
1. Brown beef and drain off fat.
2. Return to skillet and stir in taco seasoning and tomato soup.
3. Transfer beef mixture to small casserole dish.
4. Layer green onions, followed by shredded cheese.
5. Stir chili powder into sour cream.
6. Spread over the top of the cheese.
7. Bake at 350 for 15 minutes.
8. Spoon mixture into taco shell and enjoy.
9. This can also be served as a dip with tortilla chips.