**Prep time:** 10 Minutes  
**Cook time:** 6-10 Hours  
**Serves:** 6  
**Cost per serving:** $1.50

**Utensils Needed:**  
Measuring Spoons  
Measuring Cups  
Slow Cooker

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**Slow Cooker Chicken Taco Chili**

**Ingredients:**

- 1 onion, chopped
- One (16 ounce) can unsalted black beans, drained and rinsed
- One (16 ounce) can unsalted kidney beans, drained and rinsed
- One (8 ounce) can unsalted tomato sauce
- One (10 ounce) package frozen corn kernels
- Two (14.5 ounce) cans unsalted diced tomatoes
- One (4 ounce) chopped green chilies
- One package low-sodium taco seasoning
- 1 Tablespoon cumin
- 1 Tablespoon chili powder
- 24 ounces boneless, skinless chicken breasts (about 3 to 4)
- 1/4 cup chopped, fresh cilantro
- Optional: chopped chili peppers

**Directions:**

Combine all ingredients except for chili peppers and chopped cilantro in a slow cooker (10 hours on low or 6 hours on high). When ready to serve, shred the chicken with a fork and add chopped cilantro and chili peppers.