Dinner Tonight!
Italian Shrimp Fettucini

4 ounces spinach fettuccine noodles
1 Tablespoon olive oil
2 gloves garlic, minced
1 pound medium shrimp, peeled and deveined
1 can (14.5 ounces) diced tomatoes with basil, garlic and oregano, undrained
1/2 cup half and half
1/4 cup sliced green onions

Cook pasta according to package directions; drain. Meanwhile, cook garlic and shrimp in hot oil in large skillet over medium-high heat until shrimp are pink and opaque. Stir in tomatoes; simmer 5 minutes. Blend in half and half and green onions; heat through (do not boil). Serve over hot pasta.

Preparation Time: 20 minutes
Cook Time: 20 minutes
Serves: 6
Cost Per Serving: $2.00

Nutrition facts per serving
Calories: 211
Total Fat: 10 g
Cholesterol: 91 mg
Sodium: 529 mg
Total Carbohydrate: 18 g
Fiber: 2 g
Protein: 12 g

Serve with: green salad and/or grilled asparagus.