Dinner Tonight!

Banana Cookies

3 ripe bananas 1/3 cup vegetable oil
2 cups rolled oats 1 teaspoon vanilla extract
1 cup dates, pitted and chopped

Preheat oven to 350 degrees F (175 degrees C). In a large bowl, mash the bananas. Stir in oats, dates, oil, and vanilla. Mix well, and allow to sit for 15 minutes. Drop by teaspoonfuls onto an ungreased cookie sheet.

Bake for 20 minutes in the preheated oven, or until lightly brown.

Serves: 36

Nutrition Facts per Serving:
Calories: 58
Total Fat: 2.4 g
Cholesterol: 0 mg
Sodium: < 1 mg
Total Carbohydrate: 9 g
Protein: 0.8 g