Dinner Tonight!

Spring Strawberry Spinach Salad

1 bunch spinach, rinsed
1/2 cup white sugar
1/3 cup white wine vinegar
1 Tablespoon poppy seed

10 large strawberries, sliced
1 teaspoon salt
1 cup vegetable oil

In a large bowl, mix the spinach and strawberries. In a blender, place the sugar, salt, vinegar, and oil, and blend until smooth. Stir in the poppy seeds. Pour over the spinach and strawberries, and toss to coat.

Preparation Time: 15 minutes
Cook Time: 0
Serves: 4

Nutrition facts per serving:
Calories: 61
Total Fat: 20 g
Cholesterol: 0 mg
Sodium: 250 mg
Total Carbohydrate: 31 g
Protein: 2 g