Dinner Tonight!

Homemade Bagel Crisps

2 Large Plain Bagels
Cooking Spray

Wash hands and cooking area. Slice bagel crosswise first so it looks like two half moons or two "U" shapes. Slice both halves of the bagel thinly with a sharp knife into small circular pieces. Place on a baking sheet that has been lightly sprayed with cooking oil spray. Bake at 257 degree Fahrenheit until dry and crisp, about 20-30 minutes.

Preparation Time: 5 minutes
Cook Time: 25 minutes
Serves: 4

Nutrition facts per serving
Calories: 80
Total Fat: 0 g
Cholesterol: 0 mg
Sodium: 170 mg
Total Carbohydrate: 17 g
Protein: 3 g